

DRUG AND ALCOHOL AWARENESS A one Day course

Working with clients who regularly use illicit substances and alcohol presents a challenge to professionals of all disciplines regardless of experience. Personal prejudices and attitudes invariably have an impact on treatment outcomes, a fact well supported by research. Through an examination of the 'moral continuum' as well as the culture and background to addictive behaviour course participants will develop a greater understanding of why people might use substances problematically and what might perpetuate and reinforce addictive behaviour.

What are the signs of addiction? What might suggest to workers that a client is experiencing problematic behaviour in relation to drugs or alcohol? Participants will explore the biology and anatomy of addiction including biochemical responses as well as develop an awareness of both the physical and psychological effects of a number of different substances

What are the Health and Safety issues as well as risk factors that should be considered when working with substance users? What is the liability/responsibility of workers when supporting substance users under Section 8 Misuse of Drugs Act? Health and Social Care staff need to be aware of the needs of and challenges presented by this client group and to develop strategies in order that exemplary care can be provided

WHO IS THIS COURSE FOR?

All health and social care staff who work in settings where clients may be using drugs or alcohol including mental health workers, drug/alcohol workers, social care workers and criminal justice workers from all agencies. Training will be specifically tailored to meet the needs of your organization or nominated delegates

SUMMARY OF CONTENT

- The culture of addiction
- Why do individuals engage in addictive behaviour?
- Personal attitudes and prejudices
- The biology and anatomy of addiction
- Triggers and Cravings
- The signs of addiction – physical and psychological signs
- The physical and mental effect of commonly used substances
- Health and safety considerations including overdose awareness and emergency procedures
- 'Treatments' including pharmaceutical and psychosocial interventions
- Legal matters including responsibilities under Section 8 MDA 1971

This Course is available as an 'in house'
commissioned training programme for up to 30 people.

Further details can be obtained from

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