

Dual Diagnosis

(Co-existing mental illness & Substance Misuse)

A one Day course

Despite being perceived as a difficult to manage group, those with dual diagnosis are a vulnerable and needy group. Regardless of the fact that the precise nature of interactions will vary, people with dual diagnosis, compared to people with mental disorder alone, appear to have a worse prognosis, with higher levels of service use and particularly frequent use of expensive resources such as emergency services and inpatient beds where they typically spend twice as long.

Co-morbidity has also been associated with increased rates of self-harm, suicide and violence, is highly associated with relapse, homelessness or unstable housing, poor compliance with medication, poor health status, interpersonal conflict and family problems. Long term prognosis in both psychiatric and substance use terms is generally poor and there is frequently a history of sexual, physical or emotional abuse.

Additionally, different operational definitions of dual diagnosis exist in different clinical settings, e.g. as between substance misuse services and mental health services, and this often leads to confused and misleading communication, with clients needs being assessed against different criteria. Health and Social Care staff need to be aware of the needs of and challenges presented by this ever growing client group and to develop strategies in order that exemplary care can be provided

WHO IS THIS COURSE FOR?

All health and social care staff who work in settings where clients with dual diagnosis may be present including mental health workers, drugs workers, social care workers and providers and criminal justice workers. Training can be tailored specifically to meet the needs of your organisation or delegates.

SUMMARY OF CONTENT

- **An overview of Dual Diagnosis**
- **The issues facing clients, staff and services**
- **Statutory and Policy guidance**
- **Service delivery issues**
- **The relationship between mental illness and addiction**
- **Overview of major mental illness**
- **Overview of commonly abused substances**
- **Engagement strategies**
- **Treatment interventions**

This Course is available as an 'in house' commissioned training programme for up to 30 people.

Further details can be obtained from

Matrix Training Associates

e: office@matrixtrainingassociates.com

☎ 01256 398928 Fax 01256 398929

