

LEARNING DISABILITIES & OBSESSIVE COMPULSIVE DISORDER (O.C.D)

To enable front line support workers to gain an understanding of this common mental health problem in people with a Learning Disability.

WHO IS THIS COURSE FOR

Learning disabilities staff involved in providing care and support where sex and relationship is accepted as part of the rights and choices are promoted

This course will have most relevance for all front line care/ support staff who need to have awareness of Obsessive Compulsive disorders in order to assist and support service users who may exhibit various signs and symptoms of this disorder.

SUMMARY OF CONTENT

- Define what is an obsessive compulsive disorder
- The signs of OCD
- Understand various kinds of obsessions and compulsions in this disorder
- Identify what may cause and who gets OCD
- What help is available
- Explore the drugs and other alternative treatments for OCD
- Provide assistance, support, advice & guidance to other staff
- Explore what service users can do for themselves and how family and friends can help as well
- The difference between a 'compulsion' and an 'obsession'
- Provide resource information, advice and guidance to staff, service users and families caring for OCD people

This Course is available as an 'in house' commissioned training programme for up to 30 people.

Further details can be obtained from

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