

WORKING WITH PERSONALITY DISORDERS

A ONE DAY COURSE

The programme looks at the difficulties faced by this often misunderstood and sometimes 'difficult' client group from both the service user and mental health workers' perspectives . It aims to provide introductory training in working with people who have personality disorders and break some of the misconceptions often that surround them.

WHO IS THIS COURSE FOR?

A Diagnosis of Exclusion? 'Working with Personality Disorders' is appropriate for mental health staff such as Support Workers, Ward Staff, Student Nurses, O.T.s, CMHT Workers and anybody that has a professional interface with this client group in either the voluntary or statutory sectors.

SUMMARY OF CONTENT:

- The classifications of Personality Disorders.
- Borderline Personality Disorder.
- Prevailing attitudes and approaches to Personality Disorders.
- Key factors in the development of Personality Disorders.
- Effective Treatment approaches.
- Research regarding effectiveness.
- Service users' views of what works and what does not.
- The Challenge to Teams working with Personality Disorders.
- Workers' skills, and needs when working with clients.

This Course is available as an 'in house' commissioned training programme for up to 30 people.

Further details can be obtained from

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