

GRAM, ROCK, SPLIFF or K – YOUR CHOICE! A one Day course

Working with clients who regularly use substances presents a challenge to professionals of all disciplines regardless of experience. Personal prejudices and attitudes invariably have an impact on treatment outcomes, a fact well supported by research. Through an examination of the 'moral continuum' as well as the culture and background to use course participants will develop a greater understanding of why people might use COCAINE, CRACK COCAINE, CANNABIS or KETAMINE problematically and what might perpetuate and reinforce continued use of them .

How are these drugs used? What are there effects on the body and mind? What medical complications do users experience? What are the risks? What are the psychological and behavioural effects of long term use? What factors contribute to dependency? How is abuse of these substances treated?

What are the Health and Safety issues as well as risk factors that should be considered when working with users of these drugs? What are the legal implications both for the user and the worker? Health and Social Care staff need to be aware of the needs of and challenges presented by users and to develop strategies in order that exemplary care and support can be provided

WHO IS THIS COURSE FOR?

All health and social care staff who work in settings where clients may be using drugs or alcohol including mental health workers, drug/alcohol workers, social care workers and criminal justice workers from all agencies. Training will be specifically tailored to meet the needs of your organization or nominated delegates

SUMMARY OF CONTENT

- The culture of addiction - 'an epidemic'
- Why do individuals engage in addictive behaviour?
- Personal attitudes and prejudices
- How are these drugs used?
- The biology and anatomy of the effects of these drugs
- Physical and Psychological complications
- Behavioural effects of long term abuse
- Physical and mental effects
- Health and safety considerations including overdose awareness and emergency procedures
- 'Treatments' including pharmaceutical and psychosocial interventions
- Legal matters including responsibilities under Section 8 MDA 1971

This Course is available as an 'in house'
commissioned training programme for up to 30 people.
Further details can be obtained from

Matrix Training Associates

e: office@matrixtrainingassociates.com

☎ 01256 398928 Fax 01256 398929

