

# ASSESSING CAPACITY AND MAKING BEST INTEREST DECISIONS SKILLS AND PRACTICE (MENTAL CAPACITY ACT 2005)

## *A One Day Course*

The Mental Capacity Act 2005 provides a new legal framework for health and social care staff to assess whether people have capacity to consent to care or treatment. If a person lacks capacity to make a decision the Act provides the powers to make a best interest decision on their behalf.

This course provides the essential knowledge that health and social care staff need to make sound assessments of capacity and best interests. The different skills needed to make competent assessments are addressed. The challenges and problems that staff will face are also considered.

### WHO IS THIS COURSE FOR?

Any health and social care staff involved in assessing capacity and making best interest decisions – nurses, doctors, social workers, allied health professional groups, care home staff, managers.

### SUMMARY OF CONTENT

- The key rules and procedures for assessing capacity and making a best interest decision
- How working practices will be affected by the legislation
- The skills needed to assess capacity and best interests
- The legislation to make a best interest judgment
- Practical application of the assessment of capacity and best interests through case studies

### THE TRAINERS

Steven Richards and Aasya Mughal are authors of two guides “Working with the Mental Capacity Act 2005” and “Working with the Mental Health Act 1983”. They have provided training to the Mental Health Act Commission, NHS Trust and Local Authorities on the introduction of the Mental Capacity Act. Both also have extensive experience of working with patients with reduced capacity in hospitals.

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This Course is available as an ‘in house’  
commissioned training programme for up to 30 people.

Further details can be obtained from



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