

## WORKING WITH PERSONALITY DISORDERS

(A ONE DAY COURSE)

*A Diagnosis of Exclusion?* **'Working with Personality Disorders'** is appropriate for mental health staff such as Support Workers, Ward Staff, Student Nurses, O.T.s, CMHT Workers and anybody that has a professional interface with this client group in either the voluntary or statutory sectors.

The programme looks at the difficulties faced by this often misunderstood and sometimes 'difficult' client group from both the service user and mental health workers' perspectives. It aims to provide introductory training in working with people who have personality disorders and break some of the misconceptions often that surround them.

### Course Objectives:

- √ The classifications of Personality Disorders.
- √ Borderline Personality Disorder.
- √ Prevailing attitudes and approaches to Personality Disorders.
- √ Key factors in the development of Personality Disorders.
- √ Effective Treatment approaches.
- √ Research regarding effectiveness.
- √ Service users' views of what works and what does not.
- √ The Challenge to Teams working with Personality Disorders.
- √ Workers' skills, and needs when working with clients.

This Course is available as an 'in house' commissioned training programme for up to 30 people.

Further details can be obtained from

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