

# Safeguarding Adults – Level One

*A one day course*

This course provides a dynamic introduction to safeguarding adults which embraces best practice in this increasingly important area of work. The course highlights the critical factors necessary for successfully safeguarding vulnerable adults, identifying signs and indicators of possible abuse.

Participants will be provided with an opportunity to explore the essential components of best practice, including the significance of ensuring a person-centred approach to their practice. The course will outline the safeguarding process and the potential issues and challenges which may arise in its implementation. The criteria for making a safeguarding alert will be explained as well as focussing on how investigations may be carried out.

**Who is it for?** The course is designed for anyone who works directly with vulnerable whether qualified or unqualified or working in the voluntary or statutory sectors. Staff working with people with learning disabilities, dementia or mental health may find this course particularly beneficial.

**Timetable** (may be subject to amendment)

**Session 1** Safeguarding – introduction & overview

Overview of nature, prevalence and categories of abuse  
Identify national and local trends in law and practice  
Exploration of the challenges and issues in this area of work  
*Exercise – Categories of abuse*

**Session 2** Focus on the safeguarding process

The criteria for a safeguarding alert and an overview of the investigation and potential risks  
Exploration of how safeguarding issues may arise with particular groups of service users and how these can be managed effectively  
*Exercise – Alerts and referrals*

**Session 3** Examination of proactive interventions and how to enhance your workplace and/or service to minimise the possibility of harm occurring  
Person-centred practice and positive approaches of self-determination and empowerment

*Exercise – Case Study: priority and importance*

**Session 4** Exploration of common problems for practitioners, teams and services  
Identification of possible changes to practice

## **Learning Outcomes**

On completion of this course, participants will be able to:

- Recognise the categories of abuse or harm in vulnerable adults
- Aware of trends in national and local service developments in this area of work
- Understand the safeguarding process and how it may impact on practice
- Understand the importance of person-centred care, empowerment and safe services
- Identify possible changes in individual, team or service provision

## **Training Techniques**

Taught, group exercises/case studies, Q&A

## **Available on Request:**

- Safeguarding Adults Level Two: this course focuses on the investigation process and how to ensure best practice
- Safeguarding Adults Level Three: this course focuses on decision-making and the participation and chairing of safeguarding meetings
- Safeguarding Adults Provider Services: Explores issues relating directly to best practice in safeguarding in services and facilities specifically for vulnerable adults
- Integrated combined Safeguarding Adult and Children Level One: This course provides an overview of safeguarding both in adults and childcare